

El Pomar
Foundation Award:
The R.J. Montgomery
Award for Excellence
in Human Services –
Seniors

Bessie's Hope



Bringing Generations Together

2016 Annual Report



Mission Statement

Bessie's Hope enhances the quality of life for nursing home/assisted-living elders and brings generations together in mutually rewarding relationships by honoring the human spirit and creating life-enriching volunteer opportunities for youth, families, individuals, community organizations and businesses.

“If nature has made you for a **giver**, your hands are born open, and so is your heart; and though there may be times when your hands are empty, your heart is always full, and you can give things out of that--warm things, kind things, sweet things--help and comfort and laughter.”

Frances Hodgson Burnett

Quote from Bessie’s Hope 16 year old volunteer.

“I love visiting my “grandpartner” at the nursing home. Some of the people in there are so lonely, and when we come into the room with our smiles and hugs, I can see that it makes them really happy...and that makes me happy too.”

We are so thankful that during 2016, so many exhibited their “**giving nature**” by donating to Bessie’s Hope their time, talent, money, kindness and caring. Hundreds of nursing home/assisted residents and youth were the benefactors of the generosity from those in the community who value the life-transforming work of Bessie’s Hope.

With gratitude,
Sharron Brandrup
Executive Director

Bessie's Hope Programs

Youth and Elders Program



The Key Club from Mountain Vista High School regularly visit the residents of Brookdale Crossings, a Bessie's Hope elder care partner. These young women visit their elder friends with open hearts, and they have cultivated a deep connection to last a lifetime. The Wonderful Song starts each visit, singing the names of the residents. One

day, the Bessie's Hope Program Director asked the residents for positive words other than wonderful. Words chosen by the residents and sung by all included adjectives such as happy, helpful and sane. These may be only words for some but to the residents at Brookdale Crossings, these were prayers they were singing out for all to hear. Staying with the theme of how music can be used therapeutically, the group discussed their favorite musical influences and there was much more in common than expected. Names like Bing Crosby, Frank Sinatra and Johnny Cash were humming throughout the room, right along with laughter, dancing and good conversation. By the end of the program, "Unforgettable" by Nat King Cole was playing in the background while the elders from Brookdale were full of smiles and praise for what these girls had brought to them; love. The visit closed with lots of embracing and "see you soon". When it was time to debrief with the program director, the volunteers were overwhelmed by a wide range of emotions. It seems to be a common theme for Bessie's Hope visits, as there is always something extraordinary that you leave with such as hope, happiness, compassion and respect for the generations that have come before us.

Bessie's Hope works with preschool through high school ages, and always, lives of all involved are enriched.

Community and Elders Program



This program was created for adult groups from corporations and organizations, such as civic, religious and higher education. For years Bessie's Hope has worked with the Regis University School of Nursing, providing elder care placements for the nursing students' geriatric experience.

Family and Elders Program



Anne Stotts and her son, Josh Spielman, first began volunteering with Bessie's Hope in 2008. After coming back from living out-of-state for a while, they jumped right back in. Josh is now 18 years old and 6 foot 5 inches. Quite a change from the 10 year old elementary school student who first started visiting the elders with his mother. Lots of changes in 8 years! What doesn't change is the caring and

love that they have given, as evidenced in the photos of Anne and Josh with Lois, Anna and Andy, their “adopted” Bessie’s Hope grandpartners. Thank you, Anne and Josh!

Much thanks to all our amazing volunteers! In this program, individuals and families participate in a training and are “placed” with elders who have either no personal visitors or who are seldom visited.

Dreams Can Still Come True Program



Several residents at the Gardens at St Elizabeth enjoyed the elegance and sophisticated experience of a High Tea presented by Wild Flower Teas, courtesy of Bessie’s Hope. The guests were pampered with made from scratch traditional English Tea recipes. This traditional afternoon tea featured delicious savory tea sandwiches, sweet tea breads, scones with Devonshire cream, lemon curd and jam with dainty delicacies on beautiful fine chine and serving tiers.

A relaxing and very enjoyable time was had by all.

Bessie's Hope gratefully acknowledges our financial and in-kind contributors for 2015

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Columbine Unity Center
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**We are grateful to all
of our contributors
and regret the
accidental omission of
any donor names**

13TH ANNUAL INTERGENERATIONAL BOWL-A-RAMA

Bowlers of all ages enjoy bowling together at this event. Pictured are Peggy Shelton, "Bessie's" daughter, Leslie Garlington, Peggy's daughter, and Kara, one of our youngest bowlers, and great-granddaughter of Jane Bustamante, Administrative Coordinator for Bessie's Hope.



"TOGETHER" THE MUSICAL

First produced in 1994 to a sold-out audience at the DCPA, "Together" is an original musical written by co-founders, Sharron Brandrup and Linda Holloway. It is about a group of kids who become friends with a group of nursing home elders---art imitating life. The musical served as the primary fundraising event for 2016.

2016 Program Statistics

Program Participant Summary

Participants	# of Adult Volunteers	# of Youth Served through Volunteering	# of Elders Served
School/Youth Groups	167	1,216	
Business/Community Groups	383	26	
Family/Elder Program	73	10	
Administrative/Fund Raising	86	1	
Entertainers	10	2	
Total	719	1,255	1,508

Notables:

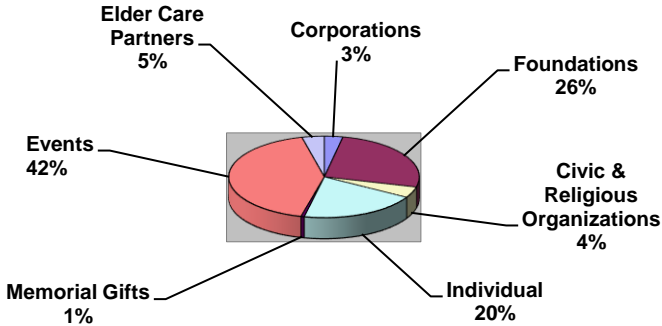
- Bessie's Hope Volunteers logged more than **10,379 hours** of service during 2016.
- In 2016, Bessie's Hope partnered with elder care facilities in 6 counties in the Front Range area. This includes nursing homes, and assisted living communities.
- Our youth partnerships include private, charter, and public schools, as well as many organizations and residential treatment centers for at risk youth.
- At-risk youth benefit as much, as the elders, with whom they cultivate very significant relationships. These youth often make choices to turn their lives around. The ripple effect of these interactions is far-reaching.
- Individuals & families are helping Bessie's Hope impact the horrific statistic - 60% of nursing home elders receive no personal visitors. The volunteers are surrogate families for the elders.

Annual audit and tax forms were prepared
by Wilson Downing Group, LLC

2016 Fiscal Year

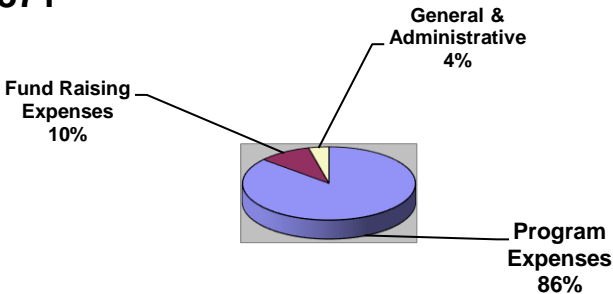
Revenue Summary

2016 Revenue
\$258,612



Expense Summary

2016 Expenses
\$250,871



PROCESS/EXPENSES:

Bessie's Hope staff provides the training of all volunteers; activity planning; coordination and facilitation of visits; feedback sessions with volunteers and elders; and "placement" for individuals and families who adopt elders. In addition, we provide Volunteer Manuals; Group Leader's Manuals; Sing-a-long CDs; Partnership Certificates for all participants; Activity supplies; Evaluation materials; and ongoing support to volunteers and elder care partners.

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Staff

Sharron Brandrup	<i>Executive Director</i>
E Jane Bustamante	<i>Administrative Coordinator</i>
Kimberly Harmon	<i>Program Coordinator</i>
Linda Holloway	<i>Development Director</i>
Darleen Stiny	<i>Program Coordinator</i>

Co-Founders

Sharron Brandrup	
Linda Holloway	
Marge Utne	<i>Volunteer</i>

Bessie's Hope
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303.623.1176 (ph) **303.623.2152 (fax)**
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*Bessie's Hope is dedicated as a living legacy to
Bessie "Granny" Stephens.*